



WORLD FEDERATION FOR MENTAL HEALTH

2006 ANNUAL REPORT

MESSAGE FROM THE PRESIDENT

**SHONA STURGEON, Senior Lecturer, Department of Social Development
University of Cape Town, South Africa**



Dear Members, Colleagues and Friends of the World Federation for Mental Health:

In many areas, 2006 was a very busy and productive one for WFMH. The Program Services Report that follows will share with you a brief summary of our major activities. Highlights of the program year included convening an International Experts Panel on Mental Illness and Suicide, the establishment of the WFMH Office for Promotion of Mental Health and Prevention of Mental Disorders and the development of a major initiative on Transcultural Mental Health. WFMH's programmatic initiatives addressing advocacy, education, international outreach, and promotion and prevention priorities all contributed to increased visibility for WFMH and expansion of its contacts and collaborations with mental health constituencies in all parts of the world.

In addition, 2006 was a pivotal year for the organization in streamlining and modernizing its governance and operations structure to better respond to changing trends within the global mental health non-governmental organization sector. The adoption by the WFMH Board of Directors of the "Five Pillars for the WFMH of the Future" strategic positioning plan established a clear direction for the next several years. The ratification by the 2006 Member Assembly of several major governance recommendations resulting from two years of work by the WFMH Organization and Structure Task Force will promote development of a more realistic regional networking scheme, a more interactive and inclusive process for nominating and electing the Board of Directors, and overall streamlined governance and operations functions. Our work during 2006 built upon priorities and direction established by previous Board decisions, and the fruit of these efforts have resulted from the dedicated efforts of WFMH volunteers and staff, and from the continued and consistent support of our individual, affiliate, and voting members worldwide.


On behalf of the Board of Directors, I express sincere thanks to those who have supported the vision, mission and goals of WFMH throughout its 58 years of work, and especially during this busy and eventful year.

2006 PROGRAM SERVICE REPORT

ADVOCACY AND EDUCATION

WORLD MENTAL HEALTH DAY

The theme for **World Mental Health Day 2006** was '**Building Awareness-Reducing Risk: Mental Illness and Suicide**'. This theme was selected to further public education and awareness regarding the increased risk of suicide among people with serious mental disorders such as depression and schizophrenia, and the importance of early and effect treatment as a means of reducing that risk. World Mental Health Day is the only global mental health education and awareness campaign focusing specifically on mental health and mental disorders. Initiated by the WFMH in 1992, World Mental Health Day is now observed on October 10th in over 100 countries. WFMH distributed over 5,000 packets of the 2006 campaign materials, with translations in Spanish, French, German, Russian, Chinese and Japanese. WFMH collaborated with the International Association for Suicide Prevention (IASP) in commemorating both World Suicide Prevention Day (September 10) and World Mental Health Day



(October 10). The Third Annual Richard C. Hunter World Mental Health Day Award of Excellence for the 2006 campaign was awarded to the Saudi Arabia Ministry of Health for their comprehensive national campaign focusing on the theme “Building Awareness-Reducing Risk: Mental Illness and Suicide.”

INTERNATIONAL EXPERTS PANEL ON MENTAL ILLNESS AND SUICIDE

WFMH brought together 18 leading international clinicians, researchers, and policy advocates working in the fields of mental health and suicide prevention March 30 – 31 to participate in an intensive forum exploring issues related to mental illness and suicide. The primary objectives of the forum were to inform WFMH’s work around the 2006 World Mental Health Day campaign theme, and to open a wide-ranging dialogue among leaders representing varying perspectives in the fields of mental health, suicidology, and suicide prevention. The panel discussions covered a number of issues concerning the relationship of mental illnesses and increased risk of suicide, the role and impact of media, cultural and religious factors, mental illness and suicide across the life span, and medications and psychotherapeutic approaches to addressing the risk of suicide in people with mental disorders. The international experts forum was supported through a World Mental Health Day sponsorship grant from Eli Lilly and Company.

WFMH DISASTER RESPONSE INITIATIVE

The WFMH Disaster Response Initiative has a dual charge: (1) to seek opportunities and means to provide direct assistance to WFMH member NGOs based in disaster zones that are providing mental health assistance to victims and relief workers; and (2) to prepare member organizations to respond to the mental health consequences of future natural and manmade disaster situations. The WFMH Disaster Response website, www.wfmhdisasterresponse.org, provides examples of the “on the ground” work of WFMH members, offers professional advice on how NGOs can appropriately respond to the mental health consequences of regional disasters and collects financial donations to the Disaster Response fund. During 2006, WFMH helped facilitate a meeting of humanitarian relief organizations in the United Kingdom interested in establishing a Mental Health Disaster Providers Forum that will promote collaboration and coordination in responding to the mental health consequences of major disaster situations.

BREAKING THROUGH BARRIERS DEPRESSION AWARENESS CAMPAIGN

WFMH is delighted to be spearheading the *Breaking Through Barriers* campaign which helps address the need to provide accurate and up-to-date information about depression in ways that are easily accessible to individuals with symptoms of depression, their family members and their friends. The campaign aims to improve worldwide standards of care in the diagnosis and treatment of depression and reduce the stigma that surrounds the disorder and serves as a barrier to effective treatment and recovery. WFMH has joined in this effort by a number of national and international patient, service user and family member organizations working on issues relating to depression – including Voz Pro Salud (Mexico), ABRATA (Brazil), Association France Depression (France), the European Depression Association (EMA, Belgium), and GAMIAN Europe. The campaign is supported by Eli Lilly and Boehringer Ingelheim. A major element of the global awareness and advocacy campaign was released in October – the ***Breaking Through Barriers Website*** www.breaking-through-barriers.com is a comprehensive website with information and useful resources for people with depression, their families, and friends. The site is available in English, French, German, Spanish and Portuguese.

The information on the site concentrates on providing the day-to-day information that individuals who may be experiencing depression, their family members, and their friends and associates will find useful. WFMH collaborated with depression awareness and support organizations in Milan, Italy to present a major media seminar and community meeting on the campaign.

“BODY AND MIND: METABOLIC ISSUES AND MENTAL HEALTH” INTERNATIONAL AWARENESS CAMPAIGN

In May 2006, WFMH released and distributed an international public awareness campaign packet, along with a Media Outreach Toolkit, for use by mental health professional, consumer, caregiver and advocacy organizations in conducting local education programs on this topic.

The release of the packet completed this project, which began in 2004 with convening a panel of international experts to explore how metabolic issues in people with mental illnesses should be identified, monitored, and managed, and to develop recommendations to raise awareness and provide guidance on the management of these issues. This project was funded by Bristol-Myers Squibb Company.

“KEEPING CARE COMPLETE: AN INTERNATIONAL SURVEY OF FAMILY MEMBERS AND CAREGIVERS OF PEOPLE WITH SCHIZOPHRENIA AND BIPOLAR DISORDER”

On September 18 in Paris, France, WFMH released the results of the first international survey to gain the perspective of family members and caregivers of people with serious and persistent mental illnesses – schizophrenia, schizoaffective disorder, and bipolar disorder. The survey responses came from caregivers in Australia, Canada, France, Germany, Italy, Spain and the UK. Research into schizophrenia and bipolar disorder rarely opens a dialogue with family caregivers about their important role in the day-to-day life of their family loved ones who suffer from these two illnesses. The survey provided valuable insight into the effect that schizophrenia and bipolar disorder have on families coping with these conditions. This project was supported by Eli Lilly and Company.

WFMH REPRESENTATION AT THE UNITED NATIONS AND ITS SPECIALIZED ORGANIZATIONS

Since its inception, WFMH has enjoyed a close working relationship with the United Nations and its specialized agencies, including the World Health Organization and UNESCO. During 2006, WFMH's cadre of volunteer representatives at the UN headquarters in New York maintained the Federation's participation in the UN NGO Committee on Mental Health, participated in annual sessions of the UN Commission on the Status of Women, and provided representation in NGO committees addressing issues such as children, human rights, and the rights of people with disabilities. In Geneva, WFMH volunteer representatives monitor activities relating to mental health through the World Health Organization and the UN Commission on Human Rights. WFMH President Shona Sturgeon and Secretary General/CEO Preston Garrison participated in a special NGO Meeting on Health Promotion organized in Geneva by the WHO Division on Health Promotion.

WFMH TRANSCULTURAL MENTAL HEALTH INITIATIVE

The WFMH Transcultural Mental Health Initiative began in November 2006 with the establishment of the WFMH Center for Transcultural Mental Health as an on-going program component within the Secretariat. The Center will develop and disseminate information and support to mental health advocacy, patient/caregiver, and service delivery organizations and groups on issues pertaining to transcultural mental health issues, concerns, policies, and best practices. The Center will afford WFMH new opportunities to network and collaborate with existing national and international organizations working in the area of transcultural mental health, and to broaden the base of awareness and understanding as to how culture and intercultural issues impact the recognition, diagnosis, treatment and delivery of services to individuals and their families in an increasingly complex society. Initial funding to support the Initiative and the WFMH Center for Transcultural Mental Health was provided through a grant from Eli Lilly and Company and Boehringer Ingelheim.

PRESENTATIONS AT INTERNATIONAL CONGRESSES

An important means for WFMH to reach new audiences, cultivate existing relationships, and enhance its identity and credibility throughout the global mental health sector is through participation at selected major national and international conferences and congresses. This participation is most often through the presentation of plenary session talks, workshop presentations, and staffing of the WFMH exhibit. Most often, plenary and symposia presentations will be made by the WFMH President, Immediate Past President, President-elect, or Secretary-General/CEO. One of the major WFMH events in this program area was the presentation of a Forum on International Psychiatry and Mental Health at the American Psychiatric Association conference. In 2006, WFMH made major presentations and/or exhibited at meetings of the National Mental Health Association (US), the American Psychiatric Association (US), Contener Foundation (Argentina), Taiwan International Healthy Cities Conference (Taiwan), the Latin American Psychiatric Association (APAL) (Venezuela), the Pan-Hellenic Congress of Psychiatry (Greece), the Argentinean Association of Psychiatry Congress (Argentina), the Institute of Psychiatry International Mental Health Conference (United Kingdom), The Carter Center Mental Health Public Policy Symposium (US), and the WPA Section on Psychiatry in Developing Countries International Psychiatric Conference (Pakistan).

PROMOTION AND PREVENTION

WFMH OFFICE FOR PROMOTION OF MENTAL HEALTH AND PREVENTION IN MENTAL DISORDERS

The WFMH Executive Committee, in July 2006, authorized the establishment of a formal Office for Promotion of Mental Health and Prevention in Mental Disorders within the WFMH Secretariat as a means to formalize and highlight the Federation's historical and ongoing leadership around promotion and prevention within the global mental health sector. Through the Program Office, WFMH will continue its co-sponsorship for the biennial World Conference on Promotion of Mental Health and Prevention of Mental and Behavioral Disorders and assistance in coordinating the development of the Global Consortium for Advancement of Promotion and Prevention in Mental Health while seeking new resources to expand its efforts in the areas of mental health promotion and education. Dr. Elena Berger, formerly WFMH's Director for Communication and Affiliate Relations, will head the new Office for Promotion and Prevention.

PREPARATION OF THE PROCEEDINGS FROM THE THIRD WORLD CONFERENCE PROMOTION OF MENTAL HEALTH AND PREVENTION OF MENTAL AND BEHAVIORAL DISORDERS

WFMH completed preparation and distribution of the official proceedings from the Third World Conference on Promotion of Mental Health and Prevention of Mental and Behavioral Disorders held in Auckland, New Zealand in September 2004, as part of the contract with the US SAMHSA Center for Mental Health Services to provide coordination services as Interim Secretariat for the GCAPP consortium. The proceedings were published by the US Government Printing Office in mid-2006.

THE FOURTH WORLD CONFERENCE ON PROMOTION OF MENTAL HEALTH AND PREVENTION OF MENTAL AND BEHAVIORAL DISORDERS

The Fourth Biennial World Conference was convened in Oslo, Norway, 11 –13 October 2006. The Conference is a collaborative event of the World Federation for Mental Health, The Clifford Beers Foundation/UK, and The Mental Health Program of The Carter Center. The Country Host Organization for the 2006 Conference was Voksne for Barn, The World Health Organization was a co-sponsoring organization, as was the Norway Ministry of Health and the Center for Mental Health Services, USDHHS/SAMHSA. Over 350 participants from 25 countries attended the Conference. WFMH Immediate Past President, Dr. L. Patt Franciosi, chaired the Program Committee for the conference.

THE GLOBAL CONSORTIUM FOR ADVANCEMENT OF PROMOTION AND PREVENTION IN MENTAL HEALTH (GCAPP)

GCAPP developed from earlier work of the World Federation for Mental Health and The Clifford Beers Foundation of the U.K. These organizations came together in 1997 to form the Biennial Conference Committee, with the goal of establishing an international conference series focused on the promotion of mental health and prevention of mental and behavioral disorders. The Carter Center in Atlanta, Georgia, U.S.A. collaborated in the work. The overall aim was to place promotion and prevention on the international mental health agenda side-by-side with treatment and rehabilitation/ recovery. The Inaugural World Conference convened at the Carter Center in December 2000, and was followed by subsequent biennial conferences in London in 2002 and Auckland in 2004, and Oslo, Norway in 2006. The Biennial Conference Committee changed its name to the Global Consortium for the Worldwide Advancement of Promotion and Prevention in Mental Health in January 2004. The expanded consortium was formally launched in Dublin, Ireland in April 2005. WFMH received a grant from the USDHHS SAMHSA/Center for Mental Health Services to provide coordinating services as the GCAPP Interim Secretariat. During 2006, WFMH continued to provide coordinating services to the Consortium. WFMH volunteer representatives to the GCAPP Executive Committee are Dr. L. Patt Franciosi and Mrs. Beverly Long.

WFMH'S VOTING MEMBER ORGANIZATIONS

American Academy of Psychosomatic Medicine USA	Hungarian Psychiatric Association HUNGARY	Mental Health Foundation of New Zealand NEW ZEALAND
ADHD Stitching Foundation NETHERLANDS	Icelandic Mental Health Alliance ICELAND	Mental Health Ireland IRELAND
Advocacy France FRANCE	Indian Psychiatric Society INDIA	Mental Illness Education—Australia, Inc AU
American Psychiatric Association USA	Institute for Victims of Trauma USA	MIND, The Mental Health Charity UK
American Psychoanalytic Association USA	International Association of Applied Psychology SPAIN	National Mental Health Association USA
American Psychological Association USA	International Council of Psychologists USA	National Psychological Association for Psychoanalysis USA
ARAFMI National Council, Inc. AU	International Federation of Psychoanalytic Societies MEXICO	New Life Psychiatric Rehabilitation Association HONG KONG
Asai Hospital JAPAN	International Society of Adolescent Psychiatry and Psychologists USA	Norwegian Council for Mental Health NORWAY
Asociacion Argentina De Profesionales de la Salud Mental ARGENTINA	ISERDIP ITALY	Occupational Therapy Association of the ROC TAIWAN
Asociacion Espanola de Neuropsiquiatria SPAIN	Israel Psychiatric Association ISRAEL	Philippines Mental Health Association PHILIPPINES
Asociacion Mexicana de Psicoterapia	Japanese Association of Psychiatric Hospitals JAPAN	Postpartum Support International USA
Psicoanalitica AC MEXICO	Japanese Federation for Mental Health & Welfare JAPAN	Pro Mente Austria AUSTRIA
Canadian Mental Health Association CANADA	Korea Christian Mental Health Institute KOREA	Pro Mente Sana, Swiss Foundation SWITZERLAND
Canadian Psychological Association CANADA	Lahore Mental Health Association, Fountain House PAKISTAN	Psychiatric Association of Eastern European and the Balkans GREECE
Caribbean Federation for Mental Health USA	Ligue Francaise pour la Sante Mentale FRANCE	Recovery, Inc. USA
Center for Mental Health GREECE	Maddness Group, The USA	Richmond Fellowship of Hong Kong HONG KONG
Coalition for Mental Health POLAND	Malaysian Mental Health Association MALAYSIA	SEVAC INDIA
College of Registered Nurses of Manitoba CANADA	Mental Health America USA	Society of Preventive Psychiatry GREECE
COMETCA MEXICO	Mental Health Association in Taiwan TAIWAN,	South African Federation for Mental Health SOUTH AFRICA
Costa Rica Association of Psychiatry COSTA RICA	Mental Health Association of Hong Kong HONG KONG	SPAN USA USA
Federacion Argentina de Camaras Y Assn Psiquiatricas ARGENTINA	Mental Health Council of Australia AU	Swedish National Association for Mental Health SWEDEN
Finnish Association for Mental Health FINLAND	Mental Health Consumers Clearinghouse USA	Taiwan Association of Clinical Psychology TAIWAN
Flemish Mental Health Association—VVG BELGIUM	Mental Health Foundation in Australia AU	Taiwan Public Health Association TAIWAN
GAMIAN USA USA		Zimbabwe National Association for Mental Health ZIMBABWE
GEDHJALP ICELAND		
Georgian Association for Mental Health GEORGIA		
Hong Kong Guild of Hypnotherapist & Psychotherapists HONG KONG		

2006 FINANCIAL REPORT

The annual independent audit of the WFMH financial records was conducted by the firm of Penan & Scott, PC, a Certified Public Accounting firm located in Rockville, Maryland, USA. The auditor's statement noted *"In our opinion, the financial statements referred to above present fairly, in all material respects, the financial position of the Federation as of December 31, 2006, and the changes in its net assets and its cash flows for the years then ended in conformity with U. S. generally accepted accounting principles."*

Statement of Functional Expenses – December 31, 2006

Program Services

Advocacy and Education	\$373,046	Communication & Affiliate Relations	\$ 20,508
Promotion & Prevention	\$ 79,794	Membership	\$ 15,720
		2006 Sub-Total	\$489,068 (79.1%)

Support Services

General & Administrative	\$118,505	Fundraising	\$ 10,356
		2006 Sub-Total	\$128,861 (20.8%)

2006 Total

\$617,929

A copy of the Independent Auditor's Statement is available from the WFMH Secretariat. Contact bjones@wfmh.com.

2006 WFMH HONOR ROLL OF SPONSORS & DONORS

CORPORATIONS, FOUNDATIONS AND ORGANIZATIONS

Anonymous (Foundation grant)
AstraZeneca
American Foundation for Suicide Prevention
American Psychiatric Association
American Psychological Association
Boehringer Ingelheim
Boehringer Ingelheim Itala S. P. A.
Bristol-Myers Squibb
Bryn Mawr School for Girls in Baltimore, MD
Charles E. Kubly Foundation
GCI Group
Eli Lilly and Company
Eli Lilly Italia, S. P. A.
Hewlett-Packard Global Impact Matching Gift
Institute for Trauma Studies
Mental Health America
Organon International
Otsuka America
Pan American Health Organization
SPAN USA

FEDERATED CAMPAIGNS

Independent Charities of America

WFMH FUTURES SOCIETY

CHARTER MEMBERS

Barham, Peter	UK
Bolman, William M.	USA
Burrows, Graham D.	Australia
Chaudhry, Haroon Rashid	Pakistan
Connolly, John	Ireland
Crossley, Thane	Canada
Franciosi, Ralph & Patt	USA
Garrison, Preston	USA
Howard, Brian	Ireland
Kim, Chung Lim	USA
Onomichi, Katsuko	Japan
Ratiu, Elisabeth	UK
Ray, Charles G.	USA
Reynolds, Mildred	USA
Studer, Richard	USA
Sturgeon, Shona	South Africa
Yamamota, Kazuyoshi	Japan

GOVERNMENT GRANTS AND CONTRACTS

National Institute of Mental Health (USA)
Center for Mental Health Services,
Substance Abuse and Mental Health Services
Administration (USA)

INDIVIDUAL DONORS

Beverly Benson Long
K. Maren

Eric Montgomery
Shirley Cooper
Mrs. Billie Kubly

NEW LIFE MEMBERS (2006)

Larry & Joan Cimino	USA
Manuel I. Domingo	USA
Preston J. Garrison	USA
Hiroko Kokusyo	Japan
Peter McGeorge	Australia
Charles G. Ray	USA
Yi Fang Wang	Taiwan
Deborah Wan	Hong Kong

PRO BONO and IN-KIND SERVICES

Cohn & Wolfe Healthcare UK
Contener Foundation Argentina
Counseling Association of the District of Columbia USA
Mental Health America USA
Sheppard and Enoch Pratt Healthcare System USA
National Association of Social Workers USA
Weber Shandwick USA

WFMH expresses its thanks all of its Life, Individual, Affiliate and Voting Member Organizations for their contributions to and support for its Vision, Mission, Goals and

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Working to make Mental Health a
Global Priority

WE'RE ON THE WEB!

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