

World Mental Health Day

October 10th 2005



WMHDay

'Mental and physical health across the life span'

World Mental Health Day is a global mental health education, awareness and advocacy project of World Federation for Mental Health, a global mental health organization with members and contacts in more than 150 countries.



The theme of this year's World Mental Health Day is mental and physical health across the life span, emphasizing the importance of recognizing the inter-dependence of good mental and physical health at every stage of life.

'There is no health without mental health'



AstraZeneca is one of the world's leading research-based pharmaceutical companies with a long term commitment to neuroscience, and in association with the World Federation for Mental Health, is proud to be a sponsor of World Mental Health Day 2005.