

WORLD MENTAL HEALTH DAY

10 th October, 2007

08.30 am to 1.00 pm - - Street Walk (Ralley)

Chief Guest **SHRI RAGHUVeer SINGH KAUSHAL.**
Member of Parliament (Congress), BJP. Kota

Sponsored By **AGRAWAL NEURO PSYCHIATRY CENTRE,**
KOTA (RAJ.) INDIA.
DR. M. L. AGRAWAL
PRESIDENT,
ASSOCIATION OF INDUSTRIAL PSYCHIATRY OF INDIA.

Attended by:

- **Staff Member of ANPC.**
- **Member of Rotary Club, Round Town.**
- **Madhav Nursing School Students.**
- **Opera Nursing School Students.**
- **Member of Mother Teresa home.**
- **Sister Varonika (Christian Leader)**
- **Student from different school.**
- **Politician.**
- **Gayatri Ashram Leader (Hindu Religion).**
- **Vakf Welfare Society (Muslims).**
- **Aids International.**
- **NGO's Members.**
- **More than Thousand people from various segments Assembled at Agrasen Chouraha with banner on World Mental Health Theme.A tableau displayed on tractor trolley.**
- **Shri Raghuveer Singh Kaushal Member of Parliament flagged Relley.**

Rally marched through most densely populated Streets of Old Kota City about 5 kms
Dr. M. L. Agrawal walked on foot with relley and addressed public in different corners
of city. Many other person address public at different places by loudspeaker

In the last rally converted in seminar at Vasundhara hall.





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- Vanue** Vasundhara Marriage Hall 1.15 pm to 2.30 pm
- Sponsored By:** Dr. M. L. AGRAWAL
Properiter, AGRAWAL NEURO PSYCHIATRY CENTRE,
KOTA, Rajasthan, INDIA.
- Chief Guest:** Shahar Kaji (Muslim Religious Leader) Shri Anwar Ahmad.
- Presiding Officer** DR. ARUNA AGRAWAL
PRESIDENT ROTARY CLUB ROUND TOWN, KOTA
PRESIDENT ROTARY CLUB ROUND TOWN, KOTA
- Guest of Honour:** Sister Varonika (Christian Social Worker)
Shri Ramakant (Borkhera Gayatri Ashram (Hindu Religious Leader)
Shri V. C. Jain - Past President (Rotary Club Round Town, Kota &
Past Member of Zila Parishad (Political & Social Leader)
- Key Note Speaker** Rotarian Dr.M.L.AGRAWAL.
PRESIDENT, All India Association of Industrial Psychiatry of India.
And Chief Consultant Psychiatrist ANPC, KOTA.
Dr.Aruna Agrawal
Chief Gynecologist, Baheti Hospital, Kota.
- Co-Cordinators** Shri YagyaDutt Hada
(Head Quarter Commission Bharat Scouts & Guides, Kota.)
Mr. Sudhindra Gaur, Secretary Aid's International, Kota Branch.
Shri Anwar Bhai. Vakf Welfare Society.
Shri C.K.Saxena, Jupitar School, Kota.

Theme of Conference:

“Mental health in Changing World Impact of Culture and Diversity,”

Attended by More than One thousand student, Teachers, Rotarians, Religious Leader, Politicians, NGO's members and officers beuro and Press and Electronic media members and Nursing Students, Staff of Agrawal Neuro Psychiatry Centre.





Exhibited Banner on theme of Mental Health day 2007.

SPEAKER Dr. Mrs. Aruna Agrawal well known Gynecologist and President of Rotary Club spoken on impact of culture-on Mental Health.

Dr. M. L. AGRAWAL Spoken on WFMH Day theme. How Culture affects Mental Health. And what are the specific effect of Globalization and advancement of Information Technology.

Chief Guest Shahar Kaji Spoken on Adjustment Problem of different culture.

Sister Varonika and Sh. Ramakant also addressed the audience.

- Cultural Programme, Presented by different Schools showing affect of Culture on mental Health.
- Special Dance on Hindi Songs performed expressing adjustive difficulty in marriage by two lover of different culture.
- All the winners of quiz during week, all the school and NGO's participated during week and Coordinator Shri Yagya Dutt Hada, Shri Anwar Bhai, Shri C. K. Saxena, Mr. Sudhindra Gaur awarded by giving prize.
- A fancy dress shows also organized by students of different schools.
- Every one served with snacks and cold drinks after programme.

6th Nov. 2007

On 6th Nov.2007closing ceremony organized, Chief Guest Shri Raghuveer Singh Kaushal.,Member of Parliaments along with Guest of Honour Shri Ramesh Soni Member Municipal Corporation and Chairman Dashera Fair Committee and Shri Lahri Shankar Gautam, Corporation Member and Dr. M. L. Agrawal, President, Association of Industrial Psychiatry of India. Participated by many citizens of all the segments and President Rotary Club. Dr. Aruna Agrawal Welcomed Guests. Dr. M. L. Agrawal explained about Theme of the exhibition in fair to reach the common men and to remove Social Stigma. Shri Raghuvir Singh Kaushal MP expressed his view regarding Dr. M. L. Agrawal's efforts to help the common men by giving time and spending money. Mr. Lahari Shankar Gautam, Shri Ramesh Soni Chairman Fair -Committee also expressed there view regarding exhibition. Vote of Thanks delivered by Shri J. L. Bajpayee Secretary Rotary Club Kota Round Town.

Memento given to all volunteers Rtn. Shri Ram Gopal Agrawal, Rtn.V.C.Jain, Rtn.K.C.Gupta and Many others contributed with their services.

INTER CITY MEET ON MENTAL HEALTH
ROTARY DISTT. 3050 &
AGRAWAL NEURO PSYCHIATRY CENTRE,

“Mental Health in Changing World The Impact of Culture and Diversity”

14th October 2007

- Organized by** Rotary Club Kota Round Town
President, Rtn. Dr. Aruna Agrawal.
& Agrawal Neuro Psychiatry Centre, Kota, Rajasthan
- Sponsor By** AGRAWAL NEURO PSYCHIATRY CENTRE, Kota with the help of
Pharma Companies.
- Chief Guest** Shri Om Ji Birla
(MLA & Parliamentary Secretary, Govt of Rajasthan, India.)
- Presiding Officer** Rtn. Dr. Harsh Udeshi.
Dist.Governor Rotary Dist.3050.
- Guest of Honour**
- 1) Rtn. Sh. S. N. Lathi RV
Past Dist.Governor, Dist.3040.
 - 2) Dr. S. D. Sharma, Delhi.
Vice President-WFMH.
 - 3) Rtn. C. M. Birla
Dist.Governor Elect RI Dist.3050.
 - 4) Dr. Anuj Mittal (Head, Department of Psychiatry,
Deen Dayal Upadhyay Hospital, Delhi.)
 - 5) Dr. M. L. Agrawal.
President Association of Industrial Psychiatry of India.









Attended More than 250 member of Rotary International Dist.3050 (Gujrat, MP, & Rajasthan) and member of NGO's and Guest attended the Intercity Meet.

Lightning of Lamp done by Guests and after Garlanding Welcome address delivered by Meet Chairman Rtn.R.G.Agrawal, and Club President Dr.Aruna Agrawal after that Rtn. Dr.M.L.agrawal explained the importance of Mental Health Week and Dist.Governor DR.Harshad Udeshi, Dr.S.D.Sharma and Mr.C.M.Birla also addressed. Thanks Given by Intercity Meet Secretary Shri K.C.Jain.

- After Inaugural session during Scientific Session Dr.S.D.Shrama Ex. Director Central Health. Services of India and Vice President, World Federation Mental Health.Very well explained about WMH Day theme 2007 by audio visual presentation.
- Dr. Anuj Mittal from Delhi delivered his talk on Mental Health and Suicide and impact of culture on Mental Health.
- Dr. M. L. Agrawal president All India Association of Industrial Psychiatry gave his talk on Impact of Globalization and Advancement of Information Technology and Mental Health. He also highlighted Role of Rotarians and Other NGO's in promotion of Mental Health and guided what projects Rotarian can take in there respective clubs for different age groups.
- Chief Guest Shri Om Birla spoke on need of Mental Health awareness in rural areas.
- Two Books published in Hindi on WFMH guidelines were released by chief guest.
- Dr. Harshad Udeshi Dist.Governor honoured Dr.M.L.Agrawal by garland for receiving **R. C. Hunter Award** at World Congress at Hong Kong.
- Mr. Yagya Dutt Hada, Sudhindra Gaur, Anwar Bhai and C. K. Saxena honoured for cooperation given through out the Mental Health Week.
- Thanks was given by J. L. Bajpayee Secretary Rotary Club Kota Round Town.
- In Delegates kits we distributed books on WFMH Day Theme 2007 and also on Depression, Panic Disorder, OCD, Schizophrenia given with pad and pencil in Beautiful beg.

Mental Health Exhibition

On 24th Oct. - 06th Nov. 2007

National Dushehra Mela, Kota (Raj.) a exhibition in a Canopy of 40'x80'x20' displayed Material on Mental Health and Drug abuse including Material on WFMH Day.

The Exhibition was organized by Rotary Club, Kota Round Town and Agrawal Neuro Psychiatry Centre, Kota, Volunteer were from ANPC, Rotary Club Round Town, Scouts Guides & Madhav Nursing School.

Exhibition was inaugurated by Shri Mohan Lal Mahavar Mayer of Municipal Corporation presided by Smt.Suman Shringi Ex-Mayer of Municipal Corporation with Guest of Honour Shri Lahari Shankar Gautam Corporation Member.

In exhibition poster on World Mental Health day theme, Depression, OCD, Schizophrenia, Pannic Disorder, Epilepsy, Hysteria Mental Retardation, Psychosomnic Disorders, and Human Rights of Mentally ill were displayed along with Psychological testing, Biofeed, Electrosleep, Brief Pulse ECT Machines.

Exhibition remained opened from 6.00 pm to 12.00 pm daily. Dr.M.L.Agrawal himself along with Clinical Psychologist Dr. Ajeet Sharma and all Volunteers used to explain to visitors. Free Literature on Mental Health distributed to all the visitors. Feed back register was also kept.

Daily Two Tableaus were displayed one for Mental Health and other on Hazards of Drug Abuse.



30th Sep'2007

On 30th Sep'2007 organized meeting of Non-Government Organization (NGO's) at 2pm at DR.M.L.Agrawal's residence to plan the activities of world mental Health Day 2007. Representative of 23 NGO's Participated in this including Dr.Aruna Agrawal President Rotary Club, Kota Round Town and Mr. Yagya Dutt Hada Head Quarter Commissioner of Rajasthan Rajya Bharat Scout and Guides. Dr. M. L. Agrawal Director, Agrawal Neuro Psychiatry Centre addressed the meeting and explained the theme for WMFH day 2007. "Mental Health in Changing World, The Impact of Culture and Diversity", A tentative Programme was finalized for the Mental Health Week 2007. Delicious snacks were served after meeting by courtesy of Dr. M.L.agrawal..

- A Press note was also released to local newspaper.

4th October 2007(11.30 to 2.00 pm)

(A) On 1st day of Mental Health Week 2007 seminar was organized in Govt Senior Sec. School, Shripura with the Help of School administration. Dist Vakf Committee & Deshmukh Welfare Society. Senior Girls, teachers participated. Lecture on the WMFH Day 2007 theme was delivered by Dr.M.L.Agrawal President Association of industrial Psychiatry of India and Director, Agrawal Neuro Psychiatry Centre, Kota.



(B) After lecture five students and teachers who answered best quiz were selected to give award on 10th Oct.07.on World Mental health Day to be Organize at Vasundhara Bhawan by Agrawal Neuro Psychiatry Centre, Kota.Welcome done by Principal and head of School, Mrs. Khan and Thanks given by Mr.Anwar Bhai.



(C) The Programm was well covered by print and electronic media. After seminar E TV Rajasthan recorded interview of Dr.M.L.Agrawal to be telecasted in evening for the population of Rajasthan State (cover for min. 10 million population)

A tableau on tractor trolley was displayed on Maharaj Agasen Jayanti and runned in the streets of old Kota City.

5th Oct.2007

- (A) 9 am - A Medical Checkup camp and seminar organized at Govt.School Bombay Yojana JK Nagar Services provided by Dr, M.L.Agrawal, Mr.Yagya Dutt Hada and Dr. Rajkumar Programme was organized with the Help of Mahak Welfare Society, Durgabari, Kota.
- (B) 11am onwards: A seminar organized at Rathkankra (20 km from kota) Angan Bari Kendra with the help of Karni Nagar Vikas samity, Kota.Seminar attended by man, woman and children of Village mostly Bhil and Gurjar (Milk Seller). A Lecture delivered on mental health by Dr.M.L.Agrawal-President, All India Association of Industrial Psychiatry and Mandal Pradhan Rajasthan rajya Bharat Scout and Guides. Welcome Done by Smt.Prasanna Bhandari and Thanks given by Anwar Bhai .



- (C) In the end a Quize was organized and 5 persons selected to give away prize on 10th Oct.on WMH Day 2007.

6th Oct 2007 : 08.00 am

Street walk organized by ANPC attended by Students, and Teachers of National School Indira Vihar. Slogan on Mental Health and WFMH day theme were Displayed walk was in Streets of Indira Vihar (Slum Area of Kota).

After street walk a seminar organized at National School Campus for student and Teachers. Director of School Mr. Khan welcomed the guest and Mr.M.L.Agrawal addressed on WFMH day 07 theme. Thanks given by Shri Anwar Mohammed.



- (a) A Quiz organized out of lecture delivered Mr.Yagya Dutt Hada asked questions and five students and Teachers selected to give away prize on WFMH day celebration on 10th oct.07
- (b) A seminar organized at kotari masjid by ANPC and.Chief guest was City Kazi (Muslim religious leader) Lecture delivered by Dr.M.L.Agrawal on WFMH day theme 2007.



- (c) A quiz organized out of lecture and three women selected to be awarded on 10th Oct. WFMH day celebration.

- (d) A wonderful seminar organized at Children Senior Secondary School and B.Ed. College in collaboration with ANPC, Inner wheel Club, and Kota North attended by more than 500 students, Teachers of B.Ed and Senior Classes and Inner Wheel Members.

Welcome done by Mr.S.A Khan Director of School.Dr.M.L.Agrawal delivered a lecture on "Impact of Culture and Diversity on Mental Health". Special Attraction of Seminar was very good audience participation. Thanks given by Mrs.Nasreen Alam President of Inner Wheel Club.



- (e) Quiz organized and Five Students and Teachers selected to give away Prize on WFMH Day 10th Oct.2007.

7th Oct.2007 : 3.00 pm

- (a) A seminar of resident's of Teachers Colony Keshavpura Kota organized at Ankur Senior Secondary School with ANPC with the Help of Santoshi Education and Social aware society. Mr. Radha Ballabh Sharma Wellcome all the Guest and Participants Dr. M. L. Agrawal delivered talk on "Mental Health in Changing World: The Impact of Culture and Diversity".



- (b) Quiz organized after lecture and Five Person were selected to be awarded on WMH Day. 2007.

7th Oct.2007 : 06.00 pm to 08.00 pm

A Road show organized at Poonam Colony (Slum Area) by Agrawal Neuro Psychiatry Center with the help of Mr. Rajkumar Health Worker and other community person on the Roadside The gathering was addressed by Dr. M. L. Agrawal on the WFMH Day theme and later on audience participation was there.

A quiz was organized of whatever they heard. There was wonderful response from the people. Five person selected to be awarded on 10th Oct WFMH Day. Question asked by Mr. Yagya Dutt Hada and Thanks given by Anwar Bhai.

8th Oct.2007 : 8.00 am

- (a) Essay Competition on Mental Health Day theme organized at “Kendriya Vidhyalaya Mahavir Nagar Extension”. Three Students were selected to be awarded on WFMH Day.
- (b) A Seminar Organized in the Same School on Mental Health day theme. More than 300 students and Teachers participated. Lecture delivered by Dr. M. L. Agrawal Welcomed by Director of School and Thanks given by Anwar Bhai and Yagya Dutt Hada.
- (c) Quiz Organized and 5 Students and Teachers selected to be awarded on WFMH Day lecture.

9th Oct.2008 : 08.00 am

- (a) A Seminar organized at Junior Sophia School at Shivpura, Kota. Participated by students and teachers addressed by Dr.M.L.Agrawal on WFMH theme welcome done by Director of school.
- (b) A Quiz organized and five student and Teachers selected for prize to be given on WFMH day.



9th Oct.2007 : 1.00 pm onward.

A Seminar Organized at Bundi.35 km from Kota by Echo Club Rajasthan Rajya Bharat Scout Guides attended by more than 250 Teachers and School Heads. Welcome done by Devi Singh Senani, Lecture delivered on Mental Health by Dr.M.L.Agrawal, Mrs Rathore CJM (Chief Judicial Magistrate) and Mr.Yagya Dutt Hada and also by additional S.P (Superintended Police). Bundi Thanks given by Mr.Pradeep Chittora.C.O.Scouts and Guides.



13th Oct. 2007 - Press Conference at EATOS



Attendant by Print and Electronic Media. TV Channels also recorded interview.

23rd Oct. 2007

Seminar on Stress and Management at DRM Office of Western Central Railway Organized by Railway Doctor's Club. Dr. M.L. Agrawal Deliver Lecture on Stress and its Management with Audiovisual presentation seminar was attended by Senior Officer and Doctor's of Railway.

24th Nov. 2007

A dinner hosted by Agrawal Neuro Psychiatry Center, Kota. attended by 1200 person Dr. M.L. Agrawal was felicitated by more than 130 NGO's, Politician, relatives, Administrators, Judiciary Officer, Advocates, Women Organization ect. Dr. M.L. Agrawal explained WFMH day theme 2007 and thanked all NGO's for participating in mental health promotion.

16th Dec. 2007 (11.00 pm to 02.00pm)

A Multispeciality Camp organized at Village Mandana (40km from Kota) By Indian Medical Association (Dr. M.L. Agrawal being Camp In charge) and Rotary Club, Kota. Dr. M.L. Agrawal examined and gave medicine and advise to 40 cases apart from 500 cases benefited by other specialist.

On 23rd Dec. 2007

A Programme organized by Jupiter ECHO Club. International Achiever Award given to Dr. M.L. Agrawal. Dr. M.L. Agrawal explained WFMH day Theme, programme attended by more than 250 members of different NGO's of City.

19th to 23rd Aug.2007: (World Congress 07 of WFMH.)

Attended World Congress 07 of WFMH and Hong Kong and presented paper in community care session on "Social Stigma- Proactive action taken in Rajasthan India" on 21Aug at 03.00 pm.

On 22nd Aug.2007. Received WFMH day R.C.Hunter award of Excellence 2005 Dr.M.L.Agrawal addressed World Congress in Main Auditorium after getting award.



31st Aug.2007

During Annual seminar of Rajasthan Rajya Scouts & Guides (Division, Kota) attended by 300 members of 6 districts as a presidential address Dr.M.L.Agrawal addressed on Mental Health of Children and WFMH day theme 2007.

Running Trophy on Mental Health was awarded to Kota L.A That was started in the memory of Dr.M.L.Agrawal's Father 6-year back.

From 23rd Aug. to 31st Dec.2007

Apart from these activities. A Press conference organized at Hotel Menal Residency to explain about R.C.Hunter Award WFMH Day 2005 and Video of 22.08.2007 award ceremony showed to Print and Electronic Media and there was wonderful coverage next day in new papers at local TV channels and News papers of whole country.

Number of Felicitation programmed organized by Karni Nagar Vikas Samiti, Guzzetted Pensioners Association, Lions and Rotary club, Akhil Bhartiya Agrawal Sammelan, Agrasen Samity, Rajasthan Rajya Bharat Scouts Guides and NGO's in all these programs theme of WFMH day 2007 explained and also about WFMH Day RCH Award of excellence 2005.

6th Sep.2007

ANPC and Rotary Club Round Town started Youth Guidance Clinic opposite ANPC in Jawahar Nagar, Kota. Clinic was inaugurated by Shri Damodar Sharma Vice Chancellor of Technical University Rajasthan. Free guidance will be provided to youth by Dr.M.L.Agrawal and Dr.Ajeet Sharma Clinical Psychologist of ANPC every

9th Jul.07

A camp organized at Udia Basti Kota (Slum Area) by Rotary Club Kota Round Town Services given by Dr.M.L.Agrawal and Dr.Aruna Agrawal Gynecologist.

26th June 2007 : International Anti Drugs Day

International Anti drugs & illicit trafficking day was celebrated by organizing rally with the help of Maharani Institute at Nayapura Abhiruchi Kendra.

A Seminar organized attended by Rotarian, Teachers and Students. Dr.M.L.Agrawal explained about Hazard of Drugs with the help of Poster. Rtn. Ram Gopal Agrawal Past President Rotary Club Round Town and Mr.Yagya Dutt Hada also delivers a talk. A Quiz also organized prizes given to winners.

A rally organized 465 students with Rotarian, Scouters and Teachers participated. Dr. M. L. Agrawal Flaged the rally and walked along with parents, Teachers & Students in streets of Nayapura.

20th May 2007

Seminar organized by Kota Development forum Vallabhbari School attended by imported Citizen of Kota. Lecture was given by Dr.M.L.Agrawal on Mental Health and Stress and its Management (a Audio visual Presentation.).

31st May 2007 : Anti Smoking Day

On International Anti Smocking day .The Rally was organized with help of inner wheel club and School. Rally was converted in seminar at Borkheda Gayatri Ashram, Agrawal Neuro Psychiatry Centre Display Banner of days' theme. "No Smoking inside"). And a lecture delivered by Dr. M. L. Agrawal. Shri Shambhu Singh Kaushik and Shri Ygyadutt Hada, Smt.Pushpa Gupta Chairman elect of Inner wheel Dist. 305.

24th May 2007 - Schizophrenia Day

A care giver's Seminar organized at Agrawal Neuro Psychiatry Centre, Jawahar Nagar, Kota, India. Attended by Caregiver of patients, Rotarian's and Staff of the Agrawal Neuro Psychiatry Centre, Kota.

Picture on Schizophrenia played on DVD and later on Dr.M.L.Agrawal delivered talk on Schizophrenia and role of Core giver, staff, relatives and friends.

14,15 & 16th April.2007

Organized All India Conference of Industrial Psychiatry of India, Participated by 250-delegates.Dr.M.L.Agrawal took over as All India President. Chief guest was Shri Raghuveer Singh Kaushal (Member of Parliament), Presided by Shri Om Birla (Parliamentary Secretary Govt.of Rajasthan) and Guest of Honour was Shri C.P.Jhamb, (Director & Scientist of Atomic power Project, Rawatbhata).

On 15th April 2007 a Special session organized for Students, Teachers, Parents and Lecture delivered on A to Z problems of students by eminent specialist of Country. Presided by District education officer Mr.Madhu Soral and Chief Guest was Mr.M.C.Bhandari, Director of Engineering College, Guest of honour was Dr.Anil Daswani, Director of Daswani coaching classes.

Feb.2007: Krishi Kumbh:(AGRICULTURE FAIR)

Krishi Kumbh was organized at Nanta Agriculture farm for farmers of 6 km District of Kota Division by CAD. During the Fair a exhibition on Mental Health organized on request of Divisional Commissioner, Govt. of Rajasthan.

Material on Mental Health and Anti Drugs displayed and a Tableau is also displayed on Hazards of Drug Abuse. Visited by thousands of Farmers, Agriculture officers and also by Ministers of State Govt. and District administrators.

A talk on Mental Health also delivered to farmers by Dr. M. L. Agrawal during the seminar on the same day afternoon session.

26th Jan.2007

On Republic Day celebration at Kota Division by Govt. of Rajasthan .A Tableau was displayed in stadium on Mental Health, which later on passed through the streets of Kota City.