

In Celebration of **World Mental Health Day** on **Oct 10th 2008**
National University Hospital (NUH),
NUS Counselling Centre & Wellness Centre
and Silver Ribbon, Singapore
present

A Candle in the Dark: A Journey from Adversity to Advocacy

A Talk by Ms Gayathri Ramprasad, MBA

Speaker, Author, Mental Health Consultant, and President of Mind Beautiful, India



Date/Time

Friday, Oct 10th, 2008
12 noon - 2 pm

Venue

Lecture Room
Department of Psychological Medicine
Level 5, Main Building, NUH

Programme

12.00 noon	Lunch
12.45 pm	A Candle in the Dark: A Journey from Adversity to Advocacy
01.45 pm	Question & Answer Session
02.00 pm	End

Seats are limited. To register, please contact:

Ms Cecilia Chng, NUH, at email: Mui_Lee_CHNG@nuh.com.sg and Tel: 6772 5144
Dr Kabita Roy, NUS, at email: kabitaroy@nus.edu.sg and Tel: 6516 8717